

# Psychological Conducting Exercise

See if you can get someone who doesn't have this music in front of them to perform what's written here. It can be done with any sustainable sound at all. Freak out your friends, family, neighbors. Ask them to sing!

Remember it's your gestural language *only* that you're relying on to make these sounds happen. No rehearsing. No talking about what you're going to do ahead of time. Just jump in and do it. Treat it as you would a game of *Charades*.

## Psychological Conducting Drill

Varying Tempi

Performer 1:  $\text{2/4}$  *ff* *ppp* *ff* *mp* *f* *pppp*  $\text{4/4}$

9

Performer 2:  $\text{4/4}$  *mf* *p* *ffff* *mf* *mp* *p*  $\text{5/4}$  *sffz* *mf*

14

Performer 3: *p* *p* *mf* *ffff* *pppp*

Detailed description: The image shows a musical score for a 'Psychological Conducting Drill' with three staves. The first staff is labeled 'Performer' and starts with a 2/4 time signature. It contains a sequence of notes with dynamics: ff, ppp, ff, mp, f, and pppp. The second staff is labeled 'Performer' and starts with a 4/4 time signature. It contains notes with dynamics: mf, p, ffff, mf, mp, p, sffz, and mf. The third staff is labeled 'Performer' and starts with a 4/4 time signature. It contains notes with dynamics: p, p, mf, ffff, and pppp. The score includes various musical notations such as stems, beams, and accents.